



California Department of Education, Nutrition Services Division
Preschools SHINE

Letter of Commitment

Dear Prospective Preschools SHINE Site:

The staff at _____ (*child care program name*) commit to working diligently to improve the nutrition and physical activity environment at our site. We will fulfill all the requirements needed to become a Preschools SHINE site. We will:

- Complete mandatory online and face-to-face training.
- Participate in conference calls, as requested.
- Complete an assessment of our nutrition and physical activity environment and identify areas of improvement.
- Complete an action plan to remedy gaps or deficiencies.
- Develop a wellness policy for mealtime, nutrition education, edible gardens (if applicable), physical activity, and professional development.
- Implement best practices to support our wellness policy and the Preschools SHINE elements.
- Become a designated Preschools SHINE site by the end of the coaching services.

Leadership Team Signatures:

Date:

